



Senior Living *Reimagined*

CAPITOL RIDGE
Gracious Retirement Living

12751 Sudley Manor Dr
Bristow, VA 20136

571-781-5414

Our Gracious Retirement Lifestyle

APARTMENT AMENITIES

- Studios, 1 bedrooms & 2 bedrooms with kitchenettes
- Keyless entry to apartment
- Granite countertops
- Full size stainless steel refrigerator
- Wi-Fi available for streaming and internet connectivity
- Neutral tone carpeting
- Blinds
- Bed linens and towels provided
- Thermostat in each room for year round comfort
- Fire protection systems & sprinklers
- Spacious bathroom with walk-in showers
- Balconies in select apartments
- Vaulted ceilings in select apartments

COMMUNITY AMENITIES

- Several community rooms and common areas
- State of the art movie theater
- Spacious library with cozy fireplace
- Barber / beauty salon
- Billiards and card rooms
- TV room with large screen television
- Chapel for worship and bible studies
- Fitness center
- Spacious activity room
- Community Wi-Fi
- Business center
- Laundry room in all wings on every floor
- Walking paths / Raised garden beds / outdoor fire pit
- 21 passenger bus for transportation needs
- Complimentary roll-a-way beds
- Resident travel program
- Guest apartment available

BASIC SERVICES INCLUDED IN RENT

- Live-in managers
- 3 delicious chef-prepared meals served daily
- Scheduled transportation
- Cable television
- All utilities included, except personal phone
- Medical Alert Device with GPS Technology and 24/7 live response, operated by Best Buy Health
- All day coffee and snack bar
- Fruit bar and soft-serve ice cream available 24/7
- Exercise classes
- Parties
- Entertainment
- Weekly housekeeping including dusting, vacuuming and sanitation of cabinets and counters
- Bed linens and towels are provided and laundered weekly
- Maintenance performed as needed in all apartments

GENERAL INFORMATION

- Month to month rent
- No buy in fees or leases



You Make the Comparison

Your Current Monthly Costs

Rent, mortgage, interest \$_____

Utilities (electricity, water, sewer, garbage, gas, heat & air conditioning) \$_____

Insurance & property taxes \$_____

Home maintenance (roofing, landscaping, plumbing, & other repairs) \$_____

Breakfast, lunch & dinner \$_____

Laundry & linens \$_____

Housekeeping \$_____

Transportation (your car, insurance, repairs, gas, oil) \$_____

Homeowners association (fee, club, dues, etc.) \$_____

Gym membership \$_____

Security night guard or burglar alarm \$_____

24 Hour emergency aid \$_____

Cable television or satellite \$_____

Current Total \$_____

Monthly Costs at Capitol Ridge

Monthly rent \$_____

All utilities except telephone & you control the temperature INCLUDED

Insurance & property taxes INCLUDED

All home maintenance, repairs, & landscaping of our beautiful grounds INCLUDED

Three delicious meals each day INCLUDED

Free laundry facility near your apartment, linens provided INCLUDED

Weekly housekeeping service INCLUDED

Free scheduled transportation on our comfortable bus INCLUDED

Ongoing social & recreational programs INCLUDED

Fitness program & exercise room INCLUDED

Management team on-site INCLUDED

Medical Alert Device with GPS Technology and 24/7 live response, operated by Best Buy Health INCLUDED

Basic cable television INCLUDED

Total For Your Apartment \$_____

EXPERIENCE THE LIFESTYLE OUR RESIDENTS ENJOY EVERY DAY



"Before I moved to Wilshire Estates in November 2021, I was certainly hesitant to make the transition from my home to a retirement community. When I initially began my search, I felt I was not ready. I had lived in my home for many years and was very involved in my community. I realized that I was quite lonely in my 4-bedroom home and needed a change. I toured 4 times and even came for a trial stay before deciding to move. Since I've moved to Wilshire Estates, I'm no longer lonely and I'm surrounded by new friends. The community feels like home and I no longer have to worry about housework, grocery shopping or meal preparation. If you are a senior living alone and you want close friendships and are tired of being lonely, then this is the place for you."

~ Gloria Logan (Wilshire Estates - Silver Spring, MD)

"It feels like home. My apartment is beautiful, and I love sitting on my balcony. Everyone is so nice, and I have met some great people. I was referred by existing residents, and I am glad I chose The Lodge at Wake Forest. All the meals are tastefully prepared, and I especially enjoy the snacks that are available throughout the day. There is so much to do, I can't pick just one favorite."

~Bob Reichard (The Lodge at Wake Forest - Wake Forest, NC)



"Linwood Estates is the perfect place to call home for my husband and I. We were fed up with having to maintain the upkeep of a house. We are now where we feel we need to be. The food is delicious, the activities are fun, and the care is GREAT. Having the managers live on-site helped us make up our minds that the staff here really care about us all. We plan to stay here at Linwood Estates for a long time. We love it."

~Ronnie & Karen King (Linwood Estates - Lawrenceville, GA)

"I had heard about Willow Creek from a patient of mine. I called for my parents, and the managers Glenn and Val, invited us to meet them the same day. I instantly decided that this was the right home. Management is beyond attentive, the chef and food are amazing, the servers are patient and understanding, and the housekeeping is thorough. The transportation service offers pretty much every need that the residents have. My father's health started to decline over a few months, and we eventually decided to move my parents to an assisted living community. We instantly missed everything about Willow Creek, and unfortunately, within 48 hours of moving, my father passed away. My mom decided to move back to Willow Creek, and she was welcomed with open arms. It's now several months later, and my mom has formed lifelong bonds with other residents, participates in outings with a wonderful activity director, and now calls Willow Creek home."



~ David Block (Willow Creek - Chesapeake, VA)



YOUR IDEAL LIFESTYLE:

Reasons to Stay Home:

Reasons to Move:

Benefits of Exercise Program?

Benefits of Chef-Prepared Meals?

Benefits of Live-in Managers?

Benefit to Family?

Notes:

[illegible]

Resident Travel Program

Retirement at Hawthorn Senior Living gives you the freedom to live life to the fullest. It's about seeing new places, meeting new friends, and creating experiences and moments that you'll cherish forever. This is what our Resident Travel Program is all about.

We strive to give you everything you need to feel happy and comfortable in your home, but we also realize there is more to life than staying in one place. If you want to get out and explore new places or visit family across the country, our Resident Travel Program gives you that opportunity. With over 70 communities across the United States, you can have all the comforts of home while enjoying the pleasures of a vacation.

As a resident of a Hawthorn community, you are eligible to stay up to seven nights per visit, based on availability, per community in a comfortable guest suite at any of our communities. Your stay includes all your meals and you'll be able to participate in enrichment programs and activities just like you would at home – all at no additional cost.

You still have so much to experience, so enjoy life and live well at Hawthorn Senior Living through our Resident Travel Program!





Communities with Guest Suites:

ARIZONA

Goodyear: Estrella Estates
Green Valley:
The Peaks at Santa Rita
Sierra Vista:
Mountain View Gardens

CALIFORNIA

El Dorado Hills: El Dorado Estates
Glendale: Scholl Canyon Estates
Granite Bay: Sequoia Grove
La Quinta: The Palms at La Quinta
Rancho Cordova: Bear Hollow Estates

COLORADO

Colorado Springs: Summit Glen

FLORIDA

Bradenton: Cypress Springs
Clermont: Orchard Heights
Oxford: Steeplechase, The Carriage House
Spring Hill: Salishan
Tallahassee: Mulligan Park
Valrico: Osprey Heights
Winter Springs: The Savoy

GEORGIA

Alpharetta: Cottonwood Estates
Johns Creek: Ashwood Meadows
Lawrenceville: Linwood Estates
Roswell: Sanford Estates

IDAHO

Boise: Salmon Creek

INDIANA

Fishers: Northridge

KANSAS

Lawrence: Meadowlark Estates

MAINE

Portland: Ashton Gardens

MARYLAND

Silver Spring: Wilshire Estates

MASSACHUSETTS

Beverly: Colonial Gardens
Franklin: Magnolia Heights
Hopkinton: Fairview Estates
Maynard: Camellia Gardens
North Billerica: Kennedy Meadows
Tewksbury: Heatherwood
Westborough: The Highlands

NEW JERSEY

Marlton: Marlton Gardens

NEW MEXICO

Albuquerque: Paloma Landing
Rio Rancho: The Rio Grande

NORTH CAROLINA

Asheville: Bella Vista
Cary: Stoneridge, Jordan Oaks
Chapel Hill: Azalea Estates
Charlotte: Providence Meadows, Shads Landing
Davidson: Williams Place
Greensboro: Carolina Estates
Raleigh: Whispering Pines
Salisbury: Oak Park Retirement
Southern Pines: Southern Pines
Wake Forest: The Lodge at Wake Forest
Wilmington: The Woods at Holly Tree

SOUTH CAROLINA

Summerville: Summerville Estates

OHIO

Mentor: Parker Place

OREGON

Corvallis: Stoneybrook Lodge
Gladstone: Somerset Lodge
Happy Valley: Glenmoore
Portland: Parkrose Chateau

PENNSYLVANIA

Bethlehem: Sterling Heights
Glen Mills: Ivy Creek
Lansdale: Hudson Estates

TENNESSEE

Collierville: Sycamore Ridge

TEXAS

Allen: Alexis Estates
Cedar Park: Maple Ridge
Georgetown: The Oaks
McKinney: Pioneer Ridge
Rockwall: Liberty Heights

UTAH

Logan: Pioneer Valley Lodge
Murray: Olympus Ranch

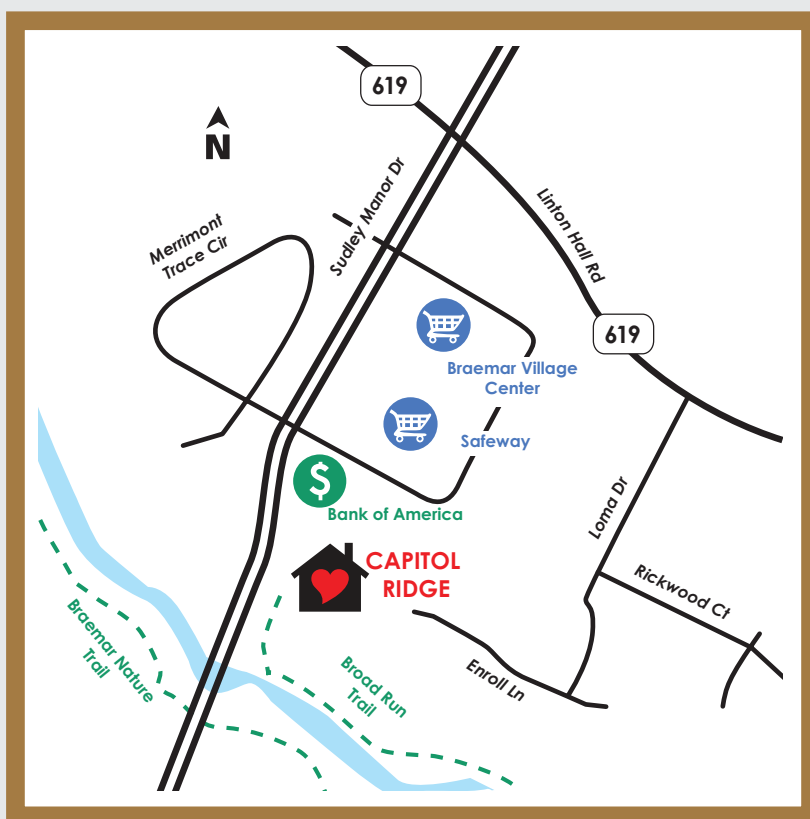
VIRGINIA

Bristow: Capitol Ridge
Chesapeake: Willow Creek
Leesburg: Hessler Heights
Midlothian: Chesterfield Heights
Woodbridge: Belmont Gardens
Yorktown: Colonial Harbor

WASHINGTON

Kennewick: Riverwalk Estates
Puyallup: Julian Estates
Vancouver: Springwood Landing

Retire Graciously



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